

1. Welcome and Introductions

Introduction of Speakers – Dawn Lillard, RN BSN, Team Leader of the NC Geriatric Adult Mental Health Specialty Team (GAST)

Ms. Lillard provided an overview of the Geriatric Adult Mental Health Specialty Team operations and goals as referenced in the two attached handouts. This team offers free trainings in the community to those who work, either paid or volunteer, with the geriatric population, and to church congregations. GAST does not provide direct care services. If interested in receiving the free training(s) contact Ms. Lillard either via phone-704-953-1553 or email- dawn.lillard@mytahome.com.

The following trending issues affecting the geriatric population were also discussed:

- Alzheimer's – the number of individuals with Alzheimer's is steadily increasing as the 'baby boomers' age
- Residency in Adult Care Home – The Geriatric population continues to be impacted by the level of care provided in Adult care Homes. The predominant issue is that direct care staff in Adult Care Homes are usually paid minimum wage, which is less that employees of Walmart and McDonalds are paid. This has a major impact on hiring and retaining qualified direct care personnel, thus negatively impacting the level of care of individuals residing in Adult Care Facilities.
- Suicide among middle aged and older individuals is greatly increasing. The highest suicide rate is in the middle aged population, while the second highest rate is for those age 85 and older. Ms. Lillard noted that neither Alzheimer's nor depression are a normal part of ageing.
- Substance Use disorders are quite prevalent among the geriatric population, but is often overlooked. Appropriate treatment is lacking for this population.

2. Community Updates

- Daymark Recovery Services
 - Heather, Center Director gave the following updates:
 - DayMark was recently CARF reaccredited.
 - A new Behavioral Health Urgent Care is opening in Forsyth County.
 - Address is 650 North Highland Ave., Suite 100
 - It is a 24/7 facility with 23 hour chair services
 - It serves the Triad region of Cardinal Innovations
- Mobile Engagement
 - Kim Anthony Bing and Courtney Provided the following updates:
 - 37 Assessments were completed by Mobile Engagement in March
 - Average response time in March was 1 hour and 8 minutes
- Davidson Medical Ministries
 - Sandy Motley gave the following updates:

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- The Lexington Clinic has 3 full time providers and they are booked out 4 weeks
- A Dental Clinic is under construction and are expanding for a second dentist for adults.
- Submitted a grant to Cardinal Innovations for Integrated Community Care. Because transportation is the number 1 issue care needs to be taken to patients.
- DCSPAN has medication drop boxes at both the Lexington and Thomasville sites.
- Behavioral healthcare is available at both sites. Crisis Ministries partners with Daymark and Monarch to provide telepsychiatry.
- Everyone was invited to attend the Access To Care Subcommittee meeting the second Friday of the month at Golden Corral
- Senior Services
 - Amanda Parrish and Bonnie Nicholson gave the following updates:
 - A new planning committee to identify the needs of seniors with mental health issues is being developed
 - There is a new Community Garden cared for by volunteers. Free vegetables are available for seniors
 - The Resource Directory is being updated
 - Bonnie is the contact person
- Davidson County Library
 - Julie gave the following updates:
 - The theme for the summer Reading Program is Music
 - The movie Grease will be shown June 25th at 5:30 and it is free
 - Free Movie Fridays will run through July 27, from 2 pm to 4 pm with popcorn and a drink
- Faith Health
 - John Frank gave the following updates:
 - Faith Health is still in the development stage
 - He is learning about community resources to match organizations with churches. This will run as a pilot over time and expand as opportunity presents itself.
 - There are both paid staff and volunteers who help people navigate the various county systems.
- Davidson County Department of Social Services
 - Scott Craver provided the following updates:
 - The number of children entering foster care is increasing, with 15 children added in April
 - CPS and DSS have received 500 reports in the past 2 months combined.
 - 6 new positions have been requested for Foster Care (2) and CPS (4).
 - VITA just ended with 2000 tax returns being completed.
 - Foster Care department has been advertising for Foster Care Parents at local churches. If anyone knows if a church interested in having DSS speak about the need for Foster Parents, contact Scott.
 - Daymark submitted 2 RFP's to Cardinal Innovations. Decisions on all RFP's submitted will be made and announced in June.

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- Arc of Davidson County
 - Tracy provided the following updates:
 - Have a Day Supports program for individuals with IDD
 - Provide B3 supported Employment, Community Networking and Community Living
 - There is a Summer Program for youth with an IEP and tuition is \$20.00 per week
- Davidson County Community College (DCCC)
 - Keisha Jones provided the following updates:
 - Through a grant from the Belk Foundation DCCC has been operating the Single Step program designed to keep students from withdrawing utilizing nonacademic wrap around services such as free legal, housing, transportation and food assistance, as well as financial counseling. Once the grant ends the college will sustain the program.
- Thomasville Medical Center
 - Rhonda provided the following updates:
 - The Geriatric Behavioral Health Unit serves individuals age 55 and up. Karen Adams is the Nurse Manager.
 - Assessments are being done at Forsyth via telemedicine
- Goodwill of Southern Piedmont
 - Janice provided the following updates:
 - Career Connections was explained
 - Attendees were encouraged to refer Veterans to Goodwill's Veteran's Program
 - The Youth Program for assistance with employment was also explained and attendees were encouraged to refer youth who may be interested in employment
- Cardinal Innovations Healthcare
 - John Giampaolo, Community Engagement Specialist provided the following updates:
 - CIT (Crisis Intervention Training) was explained.
 - It was noted that a CIT class was recently held in Thomasville and one is currently being held in Kannapolis.
 - Role Plays and site visits were also explained and attendees to volunteer if interested.

3. Old Business

The Community Resources App is in the process of being finalized with the assistance of an instructor at DCCC. A request for information is being sent to all agencies listed on the app. Once received, the app will be updated and will be in the final stages of development.

4. New Business

There was no new business discussed.

The meeting adjourned at 12 pm.

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