

North Carolina Balance of State Continuum of Care

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Regional Committee Structure Workgroup Meeting Notes – January 8, 2016

Members present: Brian Alexander, Jim Cox, Kim Crawford, Nicole Dewitt, Brian Fike, Sarah Lancaster, Susan Pridgen, Talaika Williams

Staff: Emily Carmody, Nancy Holochwost, Denise Neunaber, Corey Root

INTRODUCTIONS

Group introductions, members were asked for an example of change/transition participated in & lesson learned

- How you feel can change don't feel the same on day 1 of the process as on day 365
- Change means change
- Can have a learning curve associated with change
- People may have doubts or they may work hard for change how people will react is uncertain
 - o Oftentimes groups must take risks before you know what will happen
- Change can mean learning every day
- There is a balance between planning and implementation change is not a light switch you turn on and off. Oftentimes you have to start enacting the change to know what needs to happen
- People need to have clear understanding of why change is necessary
- Helpful to have open communication and a transparent process
- Communication is key communicating the 'what' of what's happening and also keeping the end goal in mind, why are we changing?
 - Easy to get wrapped up in implementation problems and forget the 'why'
- We are used to change in our field (MCOs, housing/homelessness)
 - Need to trust, understand and stay positive
 - Even when we don't have control over systems, we do have control over our attitudes and perspectives
- Sometimes you need to increase your responsibility, even out of the area of your organization/job, to impact the goal you're striving towards
 - o Education on goals is key for success
 - Remain open to different solutions and ideas
 - Get buy-in on mission and vision
- Communication is key get clarity on messaging before start process

BACKGROUND

Recap: Where we are/our work

- There are currently 27 Regional Committees either Active or Pending
- Regional Committee Structure workgroup charged with examining best next steps for BoS structure
 - Make an intentional choice about the structure of Regional Committees the current structure was determined organically over time

- Determine what about the current structure is working well now
- What are other BoS CoCs in other states doing re: structure
 - Most have far fewer groups, usually 6-10
- Recommendations from HUD?
 - No policy briefs, guidance or existing TA recommendations exist
- O What do BoS Regional Committees want?
 - Take the temperature about changes
- What do we need in place to end homelessness? This is our overall goal, let's tie in any changes to this

Why are we talking about restructuring Regional Committees?

- 27 local groups = 3x more than other BoS CoCs in other states
- Administrative burden for many groups high
 - BoS staff
 - Locally
 - Minutes, ESG funding process, coordinated assessment
 - State ESG Office
- Each Regional Committee given same "weight" but represent vastly different population, geographic areas
 - Caswell & Piedmont count equally
 - Caswell
 - Piedmont
- o Many Regional Committees struggle with meeting basic requirements

Current structure has benefits as well

- Overall current structure is bottom-up, let's communities tell BoS CoC what works locally
- What's working
- Organic and fluid
- o Local relationships important to meet need, coordinated assessment
- Each Regional Committee meeting has individual flavor, format

Restructuring workgroup started work in May 2015

- o2 main areas of focus
 - 1. Survey of Regional Committees
 - Gauge Regional Committee capacity
 - Take the temperature of local people re: change
 - Different structure
 - Taking in struggling neighbors
 - Regional Committee goals
 - What does a successful Regional Committee look like?

Regional Committees completed survey in Summer 2015

- o 24 Regional Committees responded
- o Generally Regional Committees feel they have capacity to complete local work
 - Complete HUD and BoS requirements
 - Coordinated assessment
- o Leadership not changing often, the leadership currently in place is viewed as key for Regional Committee success
- Antipathy about changing structure
- Open to helping neighboring communities with no/struggling Regional Committee



Feedback from Regional Leads and alternates from in-person meeting on March 30 was varied

- Current structure works very well
- Protect existing relationships/trust/group dynamics
- Intimidating to have to educate or re-educate neighboring counties about BoS, homelessness, housing
- Some small Regional Committees would like to join with another/larger Regional Committee
 - Share the overhead/admin responsibilities
 - o Have more people at the table for discussion
- Intrigued by new opportunities to increase leadership

March 30th meeting also generated some ideas for Restructuring work

- Run a pilot project on proposed structure changes
- Conduct a survey to take the temperature about structure change
- o Identify lower capacity Regional Committees to merge/change
 - Coordinated Assessment Regional Committee tiering
- Based on natural population sharing
- Need to keep in mind what do the people we serve want

Questions from Regional Lead in-person meeting on March 30th

- How would changing Regional Committee structure impact grantee performance and match requirements?
- o How would affect coordinated assessment?
- How would affect funding streams (ESG, etc.)?
- O Would this help to expand BoS coverage to counties without active Regional Committees?
- What are the goals of the Regional Committee? Can we define so we can develop a plan to meet them?

Three basic requirements to be BoS Regional Committee

- 1. Regular, public meetings
- 2. Posting meeting minutes
- 3. Underway with coordinated assessment planning or implementation

Regional Committees need to be going above and beyond the basics – start framing the messaging that this is what is necessary

- Why? To achieve our goal of ending homelessness
 - System-wide average length of stay 30 days
 - How? What successful Regional Committees look like
 - Homeless services operating effectively
 - Adequate/appropriate programs and services available
 - Participation in CoC activities
 - Steering Committee meeting attendance
 - BoS Subcommittees and workgroups
 - CoC Funding Committees
 - Coordinated assessment running
 - o Local meetings well-attended, different stakeholders at the table

BoS staff working on Regional Committee report cards

- Reflect information to Regional Committees
 - Geographic info



- o PIT and HIC data
- Grantee info
 - o CoC
 - o ESG
 - SSVF
 - o HUD-VASH
- Information on Regional Committee requirements
 - o # of meetings in 2015
 - Meeting materials posted/missing
 - Status of coordinated assessment
 - Implementing
 - Submitting outcome forms
 - In planning process
- o Will also include information that help Regional Committees be more successful
 - Attendance at BoS Steering Committee
 - o In the future HMIS data on # people/households
 - Entering homelessness
 - Length of time homeless
 - Exit information
 - To permanent housing
 - To homelessness
 - Returns to homelessness

SAMPLE PROPOSALS

Proposal #1: Use LME-MCO boundaries

- Using LME-MCO boundaries would result in fewer Regional Committees and could efficiently leverage existing relationships
- What could work well
 - Many are already PSH CoC grantees
 - o Fewer Regional Committees would employ economy of scale
 - o MCOs intimately involved in coordinated assessment, would align mission
 - Prevent RCs from crossing MCO lines
- Regions could respect MCO bounds, add some together and divide large areas
 - 1. Trillium north
 - 2. Trillium south
 - 3. Eastpointe north
 - 4. Eastpointe south
 - 5. Cardinal north
 - 6. Cardinal south
 - 7. Sandhills + Johnston County
 - 8. Centerpoint + Partners north
 - 9. Partners south
 - 10. Smoky Mountain Center north
 - 11. Smoky Mountain Center central
 - 12. Smoky Mountain Center west

- Or have fewer number of larger groups
 - 1. Trillium
 - 2. Eastpointe
 - 3. Cardinal north
 - 4. Cardinal south
 - 5. Sandhills + Johnston County
 - 6. Centerpoint + Partners
 - 7. Smoky north & central
 - 8. Smoky west



Proposal #2: Let Regional Committees volunteer to join together

- Issue a "Call to Conglomerate"
 - o Communicate goal to Regional Committees: fewer local groups
 - Give/create resources
 - Know your neighbors
 - Considerations
 - Regional workshops?
 - Establish timeline and process
- o Regional Committees will have feedback on their performance at March 2016 in-person meeting
 - Low performers will know their status
 - Could return with Round 2 of structure change after voluntary changes made
 - o Round 2 top-down instead of bottom-up
 - Survey data show overall Regional Committees open to accepting other counties
 - Examples
 - Regional Committee expands to cover county/counties with no active Regional Committee
 - o 2 (or more) current Regional Committees join together
 - o Recent examples: DISSY, Lee-Harnett

Staff presented pros/cons/considerations for each proposal

- Issues that affect all stakeholders
- Looking at proposals through different lenses to consider how issues shift from pro to con to neural given different stakeholder groups
 - o CoC management
 - o Regional Committee
 - o Grantee

GROUP FEEDBACK – PROPOSALS

Use restructuring to create more viable systems- add more components to Regional Committee systems.

- This could be an incentive to change to have access to more resources potentially
- Could provide RCs with resources to make a bigger impact in ending homelessness

Workgroup discussed possible boundaries but asked staff to come up with a proposed map taking into consideration:

- Beds, HIC, Service array (PSH, TH, RRH, ES)
- Natural relationships
- Gather housing specialist feedback
- Transportation logistics
- o The reality of how households flow through the system
- Grantee boundaries
- Leadership Capacity

Goal is to have 8-12 Regional Committees

Proposal #2: think about the difference between requiring something and making it voluntary/attractive to people

- There is little appetite to meet more and more requirements
- Longer process = more in flux for longer and this is unappealing
- o Admin burden would not decrease significantly
- O Would mean more work on Coordinated Assessment
- Could mean an agency would have to change their mission to serve other counties
- Could be a good connection with Housing Authorities
- Would be a good way to incorporate the voice of Regional Committees

Workgroup members also proposed using/considering other current boundaries established by other groups

- o Council of Government (COG) boundaries 12 currently
- Housing Authorities
- Target/Key regions
- Establishing some minimum geography or population, "thresholds" of population, resources or geography
 - Arrange groups by the service array contained in a group of counties would allow for an actual system to be created on the local level
 - o NCCEH could ensure a strong group/strong leader in place in each region
 - o Currently BoS is "covering" a large area, this is true in name but not in practice
 - This would allow more ESG application oversight if higher capacity agencies are involved with first-timers
 - Look at HIC and beds available
 - Look at natural/existing relationships, existing boundaries
 - o It's not exciting or meaningful to manage a system where there are no resources
 - Respect grantee boundaries

If there is a "third" or "middle" layer of structure created, how would this work?

- Layer between CoC/NCCEH staff and localized work on the ground
- Model Piedmont Regional Committee
 - Each of the 5 counties has a local team, meet quarterly/monthly
 - o 5-county Regional Committee meets altogether once a quarter
 - Location moves around the geography of the Regional Committee
- o This could be a planning area on top of Regional Committees geographically larger
 - o Could allow CoC staff a structure to organize regional training/visits/etc.
 - o Could help staff prioritize and plan
 - o Would shift administrative burden to the Regional Committees
- There could be an "Executive team" of 2 people from each Regional Committee to attend the larger Regional group

How would changing Regional Committee structure affect

- Available funds for ESG?
- O How BoS coordinates with other CoCs in NC?

Consult Housing Specialist staff on proposal map

PROPOSAL FORMAT & TIMELINE

Goal: have restructuring proposal outline ready for in-person Reg. Lead meeting



- o In-person meeting: Fri. March 4
- Workgroup members incorporate Regional Lead feedback in March
- Present draft proposal April BoS Steering Committee meeting
- o 2 months for Regional Committee review and feedback
 - Format for feedback
 - Online form
 - Email

Goal: have entire restructuring process wrapped up in advance of 2016 CoC/ESG apps

- Workgroup members incorporate Regional Committee feedback into final proposal
- Present final proposal to Steering Committee in July
- Steering Committee is governing body of CoC
 - Determines policy for BoS
- Overall timeline
- Staff envision a self-contained document for Regional Committee distribution
- o Similar in concept (if not in bulk!) to the Coordinated Assessment Toolkit
- Sections
 - Background information/problem statement
 - Proposal overview
 - Proposal details
 - o Frame questions for Regional Committees for feedback

GROUP FEEDBACK – FORMAT & TIMELINE

Lay out clearly in proposal

- Goals and principles
- What doesn't work
- Proposal structure (map)
- Existing requirements of Regional Committees
- Answer the questions about adopting counties with no Regional Committee
- Work on the messaging
 - o Focus on the end goal
- Develop information on the number of counties helpful for a program/best practice info

NEXT STEPS FOR WORKGROUP

Helpful to meet in person to finalize proposal

Next meeting – map review, can do this by phone

- Workgroup members will gather feedback between phone meeting and in-person meeting on map proposal
 - This is not the time for full Regional Committee feedback, but from select groups like Housing Specialists, others

Afterwards, in-person meeting to work on document development

• All workgroup members can work through document sections altogether



Next meetings

- By phone, Thurs. 2/4, 11 a.m. noon
- In person in Raleigh, Mon. 2/22, 10 a.m. 3 p.m.

